

Erasmus+ Sport Project ‘‘Woman in Rugby’’

WE NEED YOUR SUPPORT!

Hi,

we are doing a survey on the image that girls in Italy have of the game of rugby, aimed at girls your age, whether they do not play and are not familiar with our sport, or are already part of the world of the oval ball.

If you'd like, we ask you to answer a few questions; it will only take a few minutes.

What we are interested in is your opinion: there are no right or wrong answers, we ask you to answer freely and truthfully.

In some questions we refer to the concepts of femininity and masculinity: these concepts are determined by the culture in which we live and grow up and by our personal opinions.

Therefore, we ask you to answer according to your own personal idea, what can characterize females and males.

Thank you very much for your valuable contribution!

‘‘Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor the granting authority can be held responsible for them.’’

PRELIMINARY QUESTIONS

1. How old are you? 10-13 14-18
2. Do you play rugby? Yes No
 - a. If yes, for how many years?
3. Have you played rugby? Si No
 - a. If yes, for how many years?
 - b. If yes, for what reason did you quit?

NON-PLAYING RUGBY GIRLS SURVEY - AGES 14/18

1. Rugby is a sport played by both males and females. Did you know that? Yes No
2. Do you know any girls who play rugby? Yes No
3. Have you ever had the opportunity to attend a rugby training or promotional day? Yes No
4. Would you like to try rugby training? Yes No I don't know
5. Would you go to see a women's rugby game if you were invited?
Yes No I don't know
6. Would you go to see a men's rugby game if you were invited?
Yes No I don't know
7. Do you think rugby is a suitable sport for girls? Yes No I don't know
8. Do you think playing rugby can make girls express their femininity? Yes No I don't know
9. Do you think playing rugby can make girls lose their femininity? Yes No I don't know
10. Do you think very feminine girls can be suitable for rugby? Yes No I don't know
11. Would you like to have an athletic and muscular body, or, if you do, do you like to have it?
Yes No I don't know
12. Do you think girls who play rugby are a bit masculine? Yes No I don't know
13. Do you think a girl who plays rugby has to somehow get back or compensate her femininity?
Yes No I don't know
14. Do you think rugby is too physically hard sport for girls? Yes No I don't know
15. Do you think playing rugby can foster confidence and determination in girls?
Yes No I don't know
16. Do you think it can be difficult for a girl to make it clear that she likes to play rugby?
Yes No I don't know
 - a. If yes, to whom most? Friends, family, coaches, club, teammates/clubmates, school, boyfriend/girlfriend, other
17. Do you think a girl who wants to play rugby might find obstacles? Yes No I don't know
 - a. If yes, by whom? Friends, family, coaches, club, teammates/clubmates, school, boyfriend/girlfriend, other
18. Do you think every person should feel free to play the sport they prefer? Yes No I don't know
19. Do you think rugby is a violent sport (in which people deliberately try to hurt their opponents)?
Yes No I don't know

NON-PLAYING RUGBY GIRLS SURVEY - AGES 10/13

1. Rugby is a sport played by both males and females. Did you know that? Yes No
2. Do you know any little girls or girls who play rugby? Yes No
3. Have you ever had the opportunity to attend a rugby training or promotional day? Yes No
4. Would you like to try rugby training? Yes No I don't know
5. Would you go to see a women's rugby game if you were invited?
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13. Do you think rugby is too physically hard sport for girls? Yes No I don't know
14. Do you think playing rugby can foster confidence and determination in little girls/girls?
Yes No I don't know
15. Do you think it can be difficult for a little girl/girl to make it clear that she likes to play rugby?
Yes No I don't know
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SURVEY FOR GIRLS WHO PLAY OR HAVE PLAYED RUGBY - AGES 14/18

1. What do you enjoy most about rugby?

The fighting, the support, finding solutions to ever-changing game situations, friendships on and off the field, more.

2. In the beginning, what made you want to try playing rugby?

Curiosity to try something new, friends playing, someone playing in the family, wanting to play a combat sport, school, other.

3. Did someone encourage you to play rugby? Yes No

a. If yes, who? Friends, family, coaches, club, school, other

4. Has anyone tried to discourage you from playing rugby? Yes No

a. If yes, who? Friends, family, coaches, club, teammates/clubmates, school, boyfriend/girlfriend
other

5. Have you experienced any difficulties or suffered discrimination because of playing rugby?

Yes No

a. If yes, by whom? Friends, family, coaches, club, teammates/clubmates, school,
boyfriend/girlfriend. other

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14. Do you think playing rugby can foster confidence and determination in girls?

Yes No I don't know

15. Do you think playing rugby in any way helped you grow as a person?

Yes No I don't know

- a. If yes, in what aspects? Self-confidence, sociability, physical well-being, determination, self-regulation skills, facing and problem-solving skills, ambition, organizational skills, teamwork skills, other

16. Do you think it can be difficult for a girl to make it clear that she likes to play rugby?

Yes No I don't know

- a. If yes, to whom most? Friends, family, coaches, club, teammates/clubmates, school, boyfriend/girlfriend, other

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